



SA PRO TRAINER RESOURCES

Additional Videos on Anxiety Medications

[Video #1 Anxiety and Depression Association](#)

<https://youtu.be/tlrjLJr5MBw>

This is an excellent video that explores the benefits and side effects of the most common anxiety medications.

[Video #2 Anti-Depressants Explainer](#)

<https://youtu.be/T25jvLC6X0w>

A nice, straightforward explanation of the different types of anti-depressants and how they work. You won't see all of these being prescribed for dogs but you'll recognize many.

[Video #3 Benzodiazepine Explainer](#)

<https://youtu.be/4ZHudeMho8g>

Another helpful overview video from Speed Pharmacology. This video does cover other types of drugs but you might want to focus on the explanation of benzodiazepines.