

APPLES, ORANGES AND BANANAS

DEMOLISHING
DISTRACTIONS





Do you have a dog that struggles with distractions? Maybe your dog is reactive on a walk (anxious OR over-excited) or it's as if you don't exist because they are so focused on everything around them and they just can't hear you?

This training game is simple and easy to teach and really fun to play out and about too. We are going to use a rhythmical voice pattern to get our dog's attention, despite all those pesky distractions. Let's take a look:





WHERE ARE YOU ON THE SUCCESS LADDER?

- Bernard Basset:** • Have some little pieces of food ready and at home suddenly stand up and exclaim Apples! Oranges! Bananas! As soon as you say bananas, throw your food at the ground for your dog to eat. Repeat a few times. Keep your voice nice and fun.
- Calli Cocker:** • Add in some theatrical pauses between words now to see if you can keep your dog's attention as they wait for that third word.





Lily Labrador: • Start to practice this out and about on lead in a nice quiet place. You could even start in your garden.

Norris Newfoundland: • Add this randomly into your walks when your dog is least expecting it. Play around with where you throw the food (in front, to the side, or behind them)

Filo Frenchie: • Now it's time to try this when there is a real life distraction looming up ahead. Can you make your Apples, Oranges, Bananas more tempting than that other dog or squirrel??

