

TRUST YOUR INTUITION

JULY 2026 AWAKENING

Awakening (*noun*) – Your intuition is your greatest gift. It keeps you safe. It guides your purpose. It connects you to the wisdom of all parts of you.

ENERGY

As you look into the *Pool of Timelines*, you see reflections of your past, present and future. All of them are connected. All of them are guiding you. Images ripple across the pool – moments when you felt butterflies... tingles... warmth... chills... even the times you coughed when something wasn't aligned.

Lesson – Your intuition draws from every layer of your consciousness. It knows what your thinking mind cannot yet see.

GUIDES

Clio plucks four notes on her harp - each one awakening a different intuitive channel.

- a flash of imagery - Clairvoyance
- a whisper of inner sound - Clairaudience
- a wave of sensation - Clairsentience
- a sudden knowing - Claircognizance

Lesson – Your intuition speaks in many languages. You may use one . . . or all. Trust the way it comes to you.

MINDSET

Watch for the energies to appear - a calm steady light is **Intuition**. A frantic, flickering shadow is **Fear**. Merlin explains.

- Intuition is neutral.
- Fear is loud.
- Intuition drops in suddenly.
- Fear loops the same story again and again.

Lesson – Your body knows. A heavy feeling means “no”. An open, light feeling means “yes”. Trust grows through practice. Let your intuition prove itself to you.



MY AWAKENING JOURNAL

Journal your experiences for this month below.

ENERGY

GUIDES

MINDSET

